



## Trainings

RAMP Trainings provide awareness and information, promote accessibility and belonging, and fulfill professional development in diversity, equity, and inclusion.

## Who Are the Trainings Designed For?

Our variety of interactive trainings are available for businesses, community organizations, school districts, centers for independent living, court systems and more. These can be facilitated in-person or virtually and usually last from 60 to 90 minutes.



### Trainings Include:

- Ableism Awareness
- Disability Awareness
- Inclusive Work Environment for Disabled Employees
- Independent Living Philosophy
- Microaggressions in the Workplace
- Poverty Response
- Service Animal Awareness
- Disability Awareness for the Judicial System
- Talking to Children About Their Disability
- Disability Awareness & Inclusion for Childcare Workers

*“As a Special Ed Teacher for over 20 years, it was one of the best trainings I ever attended. Thank you again for that meaningful session.”*

– Unitarian Universalist Church Participant  
on Understanding Microaggressions Training

## Training Fee

Standard non-profit rate is \$500, standard corporate rate is \$750 (plus travel if necessary) for trainings that are 60 - 90 minutes or can be custom designed to meet your needs at an additional \$50/hour.

Bulk Package: Buy 3 trainings, get the 4th half off. Must pre-pay for all 4.

### Organizations That Have Received ONRAMP Trainings

- Rockford Park District
- Northern Illinois University
- Western Illinois University
- Illinois State University
- Rockford Mass Transit District
- Illinois 17<sup>th</sup> Judicial Circuit Court
- Rockford Area Convention & Visitors Bureau
- DeKalb County Community Gardens
- Unitarian Universalist Church of Rockford
- Voices of Stephenson County
- National Alliance on Mental Illness
- YWCA
- Remedies Rockford
- Rockford Sexual Assault Counseling
- DeKalb County Mental Health Board
- Shelter Care Ministries

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*“Your presentation was just what we needed to get the conversation started. It has truly opened doors for continued discussion. I love the statement you made, “No conversation about us without us.” It will be what we do in our program moving forward.”*

Julie Craig  
DeKalb County Community Gardens



RAMP is a non-profit, non-residential Center for Independent Living (CIL) that emulates the Independent Living Philosophy with a mission to build an inclusive community that encourages individuals with disabilities to reach their full potential. RAMP is the only Center for Independent Living that serves Boone, DeKalb, Stephenson, and Winnebago Counties as well as the only agency providing advocacy AND independent living services for persons with disabilities. We provide five core services: Information & Referral, Education & Advocacy, Peer Support, Independent Living Skills Training, and Transition Services. More than 51% of our staff and board have a disability. As part of our services, we provide training for organizations and people with regard to any disability needs they may have.



## Training Descriptions

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### **Ableism:**

Defining, identifying, understanding, and eradicating discrimination against disability, known as ableism

### **Disability Awareness:**

General information, etiquette, accessibility, and language usage surrounding disability

### **Inclusive Work Environment for Disabled Employees:**

What constitutes disability, what are accommodations and why are they provided, how to implement workplace inclusion

### **Independent Living Philosophy:**

Historical treatment of and events, awareness and etiquette, and advocacy regarding disabled persons and independent living

### **Microaggressions in the Workplace:**

Definition and effects of microaggressions, scenarios/role play, and eliminating microaggressions in the workplace

### **Poverty Response:**

Scarcity mindset, trauma of poverty, roots of poverty, and long-lasting effects on children & adults

### **Service Animal Awareness:**

Definition, certification, breeds, and general rules surrounding service animal use

### **Disability Awareness for the Judicial System:**

Disability awareness for judges and court personnel, focusing on ADA requirements, legal equality, and reasonable accommodations

### **Talking to Children About Their Disability:**

Training for parents and educators in assisting children and their siblings in understanding their disability as well as advocating in your community for disability inclusion

### **Disability Awareness & Inclusion for Childcare**

**Workers:** Training for childcare workers with children from infancy to age 12 in creating an inclusive environment for all children, including those with disabilities

### **Accessible Social Media:**

Creating social media materials that are accessible for all, including closed captions, image descriptions, art design, and more

### **Disability Awareness for Public Safety Personnel:**

Disability awareness for various public safety personnel focusing on ADA requirements, positive interactions, and reasonable accommodations

### **Intellectual & Developmental Disabilities: Healthy**

**Relationships & Assault Awareness:** A two-track training that provides awareness on healthy relationships and response to sexual assault for those with intellectual/developmental disabilities and for educators/care providers who assist them

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## Contact Information

Call, email or visit our webpage for more details including pricing information.

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